

## Notice to Physicians

### CHANGE TO GENDER AFFIRMING SURGERY APPLICATION REQUIREMENTS

Effective July 20, 2022, gender affirming applications no longer require a letter of support from a Nova Scotia specialist. A post-operative care letter from a physician or nurse practitioner is still required if the surgery is happening outside of Nova Scotia, but a letter from a specialist confirming post-operative care is no longer required if the surgery is happening in Nova Scotia.

A psychosocial assessment letter is still required. Physicians, nurse practitioners and specialists who have specific skills in gender-affirming care can now complete the assessment, provide the letter and sign the application.

Free courses in gender-affirming care are available online for healthcare professionals via prideHealth at: <https://www.nshealth.ca/content/pridehealth>

More information, including the list of publicly funded gender-affirming surgeries in Nova Scotia, is available at: <https://novascotia.ca/dhw/gender-affirming-surgery/>